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In memory of Professor Futoshi OGITA

Takashi Abe



Futoshi Ogita, an Associate Editor of the Journal of Trainology and a Full Professor of the National Institute of Fitness and Sports in Kanoya, died peacefully, surrounded by his loved ones, on August 15, 2021.

Professor Ogita was born in Kagoshima on July 22, 1965, and received a bachelor's and master's degree from the National Institute of Fitness and Sports in Kanoya. After completing the master's program, he conducted research with Professor Atsuko Kagaya at the Japan Women's College of Physical Education in Tokyo. Upon his return to Kagoshima in 1992, he became an Assistant Professor at the National Institute of Fitness and Sports in Kanoya. From 1996-2000, Dr. Ogita conducted collaborative research with Professors Huub Toussaint and Peter Hollander at the Department of Exercise Physiology and Health, Vrije University in Amsterdam, Netherlands. His research on the energetics of swimming was highly acclaimed. During this time, he was awarded a PhD degree for his studies. Dr. Ogita was promoted to Associate Professor (2001) and Full Professor (2006) and was the director of the exercise physiology laboratory. In addition, the graduate students who were mentored by him have adopted Dr. Ogita's research philosophy.

Dr. Ogita was also an active contributor to academic endeavors. One of his endeavors included participating in the launch of the Japan Society of Training Science for Exercise and Sport and contributing to the management of the society. Furthermore, he contributed to the development of society as the chair of this society (2007-2016).

In addition to his undisputed scientific value, we must finally emphasize his human dimension. He loved his family and changed his lifestyle to spend more time with his family. The most noticeable change was his early morning work habits. He was in his university office before 4:00 am and tried to return home on time as much as possible in the evening. This effort was a part of his philosophy, and it surely influenced the lives of many of his former students.

We were fortunate enough to meet him and to benefit from his teachings. He will be sorely missed by the entire Sports Science community, especially in Japan.

His colleague

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